

Thank you for collecting the items below to help young people who are experiencing homelessness in the city. We greatly appreciate everything we receive, but due to limited storage space it is important that we just get in what we need, so please contact us if you have anything else you are thinking about donating.

Deliveries - **we can receive goods before 12pm – Monday to Friday EXCEPT Wednesdays**. As the Day Centre is a busy place, we would appreciate it if you could **email info@thefts.org.uk or call 01273 722 353** to arrange a time to come by.

STORE CUPBOARD ESSENTIALS

- olive oil
- veg oil
- long life milk
- hot sauce
- honey
- crisps
- rice
- carrier bags
- breakfast bars
- canned fruit

TOILETRIES

- conditioner
- moisturiser
- shave gel
- loo roll
- spray deodrant
- nail clippers (new)
- razors & blades (5 blade)

CLOTHING

- men's and women's t shirts
- men's and women's joggers
- hoodies/ jumpers
- men's boxers or trunks (s,l,xl,xxl)
- waterproof jackets

OTHER ITEMS

- rucksacks (all sizes)
- sleeping mats
- 3 season sleeping bags (new or good condition in their covers)
- battery packs
- iphone chargers
- flasks
- water bottles