



Thank you for collecting the items below to help young people who are experiencing homelessness in the city. We greatly appreciate everything we receive, but due to limited storage space it is important that we just get in what we need, so please contact us if you have anything else you are thinking about donating.

Deliveries - **we can receive goods before 12pm – Monday to Friday EXCEPT Wednesdays**. As the Day Centre is a busy place, we would appreciate it if you could **email info@thects.org.uk or call 01273 722 353** to arrange a time to come by.

Essential / Urgently Needed

- Bivvy bags
- Jars of cooked sauce (tomato + bolognese)
- Ketchup and mayonnaise
- Marmite
- Honey
- Peanut butter
- Nutella
- Olive oil
- Nail clippers
- Hair brushes
- Detergent and softener
- Small rucksacks
- Hiking rucksacks
- Sleeping mats
- Sleeping bags (inside a bag, 3 season, & clean/good condition)
- Toilet paper
- Long life milk
- Rice
- Face/makeup wipes
- Cooking oil
- Biscuits
- Plugs for usb

Medium Need / Running Low

- Phone cases/screen protectors for iPhone
- Portable phone chargers
- Cereal bars

Ongoing Need / Other

