



**CLOCK
TOWER
SANCTUARY**

Supporting young people experiencing
homelessness in Brighton & Hove

Wishlist

December 2025



Thank you for collecting the items below to help young people who are experiencing homelessness in the city. We greatly appreciate everything we receive, but due to limited storage space it is important that we just get in what we need, so please contact us if you have anything else you are thinking about donating.

Deliveries - **we can receive goods before 12pm – Monday to Friday EXCEPT Wednesdays**. As the Day Centre is a busy place, we would appreciate it if you could **email info@thects.org.uk or call 01273 722 353** to arrange a time to come by.



Essential / Urgently Needed

- Tinned tomatoes
- Cereal
- Long life milk
- Cereal bars
- Tinned meat/meat/fruit
- Tinned vegetables
- Selection boxes for Christmas gifts
- Cartons of apple and orange juice
- Sleeping bags (3 season, new/ very good condition, clean with outer bag)
- Aerosol deodorant
- Granulated sugar
- Mouth wash
- Instant coffee
- Pre-cooked rice packets
- Jogging bottoms
- hoodies
- Water bottles
- Sleeping mats
- L and XL Fleeces
- Cooking oil
- Washing up liquid
- Small and large rucksacks
- Moisturiser for sensitive skin
- Toothbrushes
- Shower gel
- L and XL Waterproof jackets
- Detergent/washing powder
- Fabric softener
- Flasks
- instant porridge

Medium Need / Running Low



- Nail clippers
- Bivvy bags
- Phone cases/screen protectors for iPhone
- Portable phone chargers
- USB-C and iPhone cables
- Tin openers
- Thermals and base layers

Ongoing Need / Other

- Herbal tea
- Bottles of squash
- Rice
- Tomato/bolognese sauce



The Clock Tower Sanctuary is a registered charity number: 1146777

Registered with
**FUNDRAISING
REGULATOR**