

Supporting young people experiencing homelessness in Brighton & Hove

Wishlist October 2025



Thank you for collecting the items below to help young people who are experiencing homelessness in the city. We greatly appreciate everything we receive, but due to limited storage space it is important that we just get in what we need, so please contact us if you have anything else you are thinking about donating.

Deliveries - we can receive goods before 12pm - Monday to Friday EXCEPT Wednesdays. As the Day Centre is a busy place, we would appreciate it if you could email info@thects.org.uk or call 01273 722 353 to arrange a time to come by.



Essential / Urgently Needed

- Belts all genders
- Non thermal socks
- Long life milk
- Cartons of apple and/or orange juice
 Plastic bags / bags for life
- Cereal
- Rice
- Tea bags
- Instant coffee (small jars)
- Cordial / squash

- Peanut butter
- Chocolate spread
- Marmite
- Tinned tomatoes
- Pasta sauces
- Brown & BBQ sauce
- Mayonnaise
- Curry sauce
- Cooking oils

- Mustard
- Kidney beans
- Pasta (not spaghetti)
- Chickpeas
- Tinned tuna
- Tinned meat
- Crisps
- Biscuits
- Toilet rolls
- Baked beans

Medium Need / Running Low

- Nail clippers
- Moisturiser
- Underwear all genders
- Large towels
- Plastic bags / bags for life
- Sleeping bags

- Bivvy bags
- Phone cases/screen protectors for iPhones
- Backpacks

Ongoing Need / Other

- Herbal tea
- Bottles of squash
- Portable phone chargers
- Waterproof coats



